

7th Japanese Ambassador's Karate Championship (25th July, 2026 at ABC Blue Gym)

The 7th Japanese Ambassador's Karate Championship took place on 25th July at ABC Blue Gym in Lilongwe and was attended by Guest of Honor Madam Mary Waya, Deputy Director of Sports in the Ministry of Youth, Sports and Culture; Hon. Charles Chilambula, Deputy Minister of Health and Sanitation; Mr. Kelvin Mulezo, Commissioner of the Malawi Police Service; Councillor Alex Peter Banda, Mayor of Lilongwe City; and other distinguished guests.



Group photo

The Malawi Japan Karate Association, in collaboration with the Embassy of Japan in Malawi, co-hosted the Japanese Ambassador's Karate Championship, which saw over 100 karateka from Ntcheu, Blantyre, Kasungu, Lilongwe, and Zomba showcase their skills in both kata and kumite.

In his speech, Ambassador NAITO expressed his pleasure in learning that the karate-practising population in Malawi has grown dramatically in recent years. Furthermore, he congratulated the Malawi Karate Federation for hosting its first National Karate Championship in June last year and for winning medals at regional games in July as well as for receiving the Japanese Ambassador's Commendation last year.

In her remarks, the Guest of Honour, Madam Mary Waya, expressed her sincere gratitude to the Embassy of Japan in Malawi for its continued support for karate in Malawi. She

also highlighted how the martial art teaches discipline, dedication, and self-respect among young people, helping them grow into responsible citizens of Malawi.

The event ended on a high note, with 80 athletes receiving bronze, silver, and gold medals across various age categories in both kata and kumite.

Read Ambassador NAITO's full remarks: <https://www.mw.emb-japan.go.jp/files/101065974.pdf>



Kata



Kumite



Girls



Getting ready



Introducing clubs at the opening ceremony



Speech by Ambassador Naito



Speech by Deputy Director Madam Waya



Medal presentation



With the children